



In The Pocket



Central New Mexico USBC Bowling Association

Volume 5, Issue 1

Winter 2009-2010

House Directory

HOLIDAY BOWL

7515 Lomas Blvd. NE
Albuquerque
505-268-3308

ISLETA FUN CONNECTION

11000 Broadway SE
Isleta
505-724-3866

KIRTLAND LANES

1451 Texas St.
Bldg. 20228
Kirtland Air Force Base
505-846-6851

LEISURE BOWL

7400 Lomas Blvd. NE
Albuquerque
505-268-4371

LUCKY 66 BOWL

6132 4th St. NW
Albuquerque
505-345-2506

SILVA LANES

3010 Eubank Blvd. NE
Albuquerque
505-298-5583

STARLIGHT LANES

Santa Ana Star Casino
54 Jemez Canyon Dam Road
Santa Ana Pueblo
505-867-0000

TENPINS & MORE

1416 Deborah Road SE
Rio Rancho
505-892-7117

The President's Desk: A season full of events

By **Hank Weiland**
CNMUSBC President

Greetings to all our bowlers back for another season, and to our new bowlers!

The youth are on a roll

I have been to some of the centers when our youth are bowling, and it is nice to see them wearing youth USBC jerseys! This is new this year, and they look nice.

High school bowling has started again and is going well. Some of the youth could use your old bowling equipment. If you'd like to donate old but still useful bowling balls, bags, shoes, etc., please contact the Association office at 505-265-9158.

Tournaments are set

We have a list of all of our tournaments for this year, so start looking for the entry forms in your local center. We have tournaments for youth and adults. We have seven tournaments and seven public centers in our association, so each center will host one tournament each season. The centers will be on a rotating schedule of which tournament goes to which center each year.

Annual banquet slated

Our annual banquet for this season is set for Aug. 15, 2010, so keep this in mind. At the banquet, we honor our youth and adults bowlers. We are always looking for names to be considered for award winners and hall of fame inductees, so if you know of deserving bowler, please submit the name to the Association office. There are three Hall of Fame categories for men and women: meritorious

service, superior achievement, and veteran.

Bowler of the Year updated

This year brings a new format for determining the male and female Bowler of the Year, so check it out. We are asking all league secretaries to turn in all awards and achievements that meet the criteria, even if previously bowled in this season. Bowlers should check to see that their secretary is keeping up with the submission of this information. We can only select the Bowler of the Year winners from the information that is received in the Association office, so it is very important that bowlers and secretaries submit all applicable scores and achievements. As you look at the criteria, be sure to give us feedback on it!

New awards program introduced

There is a new USBC awards program this year, so look at it and let us know what you think. The USBC national convention is scheduled for April 28-May 1, 2010, so if you have questions or concerns about your national organization, please let us know and we'll try to get answers while at the convention.

Give us your input

This is your newsletter, so let us know what you think and what you'd like to see published. We also have our website, www.cnm-usbc.org, so take a look at it and give us your input.

At the bottom of this page, you'll find telephone, fax, address, and e-mail contact information for the Association office. Answers to your questions about the USBC and your local Association are at your fingertips!

Thank you for allowing me to serve as president of your USBC association. Feel free to call me at 505-489-8023 any time. I'll be happy to answer questions.

MISSION STATEMENT:

The Central New Mexico USBC Association ensures the integrity and protects the future of the sport, provides programs and services, and enhances the bowling experience.

125 Jackson NE 505-265-9158 (office) Email: albuquerquebowl@mcleodusa.net
Albuquerque NM 87108 505-266-8532 (fax)

Website: www.cnm-usbc.org

Bowlers honored at Hall of Fame and Awards Banquet

The 2009 Hall of Fame and Awards Banquet was held Sunday, Aug. 23, 2009, at the Sheraton Albuquerque Uptown. During the event, bowlers of all ages were honored for achievements during the 2008-09 bowling season.

YOUTH CHAMPIONSHIP TOURNAMENT WINNERS – Division I

Team – Quiet Bunch - 2919

Jerry Carter III, Armando Ortega, Michael Call, Robbie Alley

Doubles – Jerry Carter III & Michael Call - 1543

Singles Boy – Chris Brown - 788

Singles Girl – Angela Walls - 618

All Events Boy – Michael Call - 2169

All Events Girl – Nicole Keeney - 1901

YOUTH CHAMPIONSHIP TOURNAMENT WINNERS – Division II

Team – Tenpins & More - 2629

Shawna Bellman, Dale Coffee, Joshua Helmick, Randy Bellman

Doubles – Steven Bowling & Seth Didomenico - 1458

Singles Boy – Dale Coffee - 712

Singles Girl – Olivia Silva - 785

All Events Boy – Alex Yoder - 2265

All Events Girl – Olivia Silva - 2145

YOUTH CHAMPIONSHIP TOURNAMENT WINNERS – Division III

Team – Twister Sisters & Prince Michael - 2493

Clarissa Yancey, Bailey Dodson, Alexandra Call, Michael Yoder

Doubles – Matthew Armenta & Zackery Palmer - 1337

Singles Boy – Tylor MacPhee - 649

Singles Girl – Jurnee Duffy - 660

All Events Boy – Zackery Palmer - 1984

All Events Girl – Jurnee Duffy - 2113

USBC Youth Merit Awards – High Average Game & Series

Boys

High Average Daniel Romero - 201

High Game Seth Didomenico - 298

High Series Diego Lucero - 762

Girls

Christina Waldron - 175

Hannah Stedman - 267

Hannah Stedman - 715

“JOE” AND “BETTY” BOWLERS

Bosque Farms Bowl Stanley Tays & Julie Tays

Holiday Bowl Fred Gunckel & Dora Gunckel

Isleta Fun Connection Licho Sanchez & Elizabeth Gutierrez

Kirtland Lanes Darryl Bush & Brenda Howard

Leisure Bowl Barry Morley & Jan Morley

Lucky 66 Bowl Levi Carriaga & Jeanne Hietpas

Silva Lanes Don Shields & Brandy Silva

Starlight Lanes Jerry Bradley & Carole Sullivan

Tenpins & More Jeff Jones & Janet Medas

OPEN CHAMPIONSHIP TOURNAMENT WINNERS – Division I

Team – LIV 2 WIN # I - 3626

Dennis Brown, John Young, Paul Yoder,

Jim Tillery, Carl Chavez

Doubles – Carl Miller & Manny Garcia - 1557 (local & state record)

Singles – Jeremy Medina - 797

All Events – John Young - 2147

Senior All Events – Carl Miller - 2143

OPEN CHAMPIONSHIP TOURNAMENT WINNERS – Division II

Team – US - 2920

Reginald Crawford, Karla Candelaria, Paul Burt,

Armando Parra, Danny Johnsey

Doubles – Otto Buron & Steven Stuckey - 1219

Singles – Joe Silva - 744

All Events – Harold Combs - 1922

Senior All Events – Harold Combs - 1922

WOMEN’S CHAMPIONSHIP TOURNAMENT WINNERS – Division I

Team – You Wish - 2994

Nicole Banks, Amanda Skidmore, Barbara Martinez,

Linda Harper, Shauna Shannon

Doubles – Felicia Goudreau & Shauna Shannon - 1358

Singles – Shauna Shannon - 742

All Events – Shauna Shannon - 2164 (local & state record)

Senior All Events – Judy McLaughlin - 1628

WOMEN’S CHAMPIONSHIP TOURNAMENT WINNERS – Division II

Team – The Lucky Ladies - 2464

Nida Kempf, Dolores Vigil, Yvonne Estrada,

Phyllis Bustos, Chris Johnson

Doubles – Kristin South & Bari Harvey - 1284

Singles – Tami Bednarz - 633

All Events – Kristin South - 1750

Senior All Events – Phyllis Bustos - 1562

WOMEN’S CHAMPIONSHIP TOURNAMENT WINNERS – Division III

Doubles – Geri Laws & Judith Raster - 962

Singles – Deborah McGrath - 505

All Events – Paula Huggins - 1398

Senior All Events – Diana “Dee” McCarty - 1316

USBC Adult Merit Awards – High Average & Series

Men

High Average Dennis Brown - 239

High Series Keith McClung - 855

Central New Mexico USBC Special Achievement Awards – Game

Nicole Banks - 300

Dana Miller-Mackie - 300

Central New Mexico USBC Special Achievement Awards – Series

Julie Price - 734

Women

Dana Miller-Mackie - 222

Brandy Silva - 793

Karyn Coffey - 300

Mary Johnson - 298

Amanda Skidmore - 740, 730, 713

CENTRAL NEW MEXICO USBC SPECIAL RECOGNITION

Men’s 300 Game – Most Experienced Bowler

Don Zoch - 300 age 81 years 11 months 16 days

Appreciation and Recognition of 28 Years of Participation in and Contributions to the Sport of Bowling

Jackie Gillette – Proprietor, Bosque Farms Bowl 1981 - 2009

Secretary of the Year – Delfina Eddington

Bowlers of the Year – Dennis Brown & Shauna Shannon

Senior Bowlers of the Year – Edwin Case & Phyllis Bustos

Central New Mexico USBC Hall of Fame Inductees

Veteran – Patricia Denby, Al Schnoebelen

Meritorious Service – Mary Meyer, Don L Thompson Jr

Superior Performance – June Weatherly, Joe G Romero

Director of the Year – Sharon Thompson, Lucy Delmore

Local and State Association Records Established in 2008/2009 Season

Women’s Scratch All Events – Shauna Shannon - 2164

Women’s Championships Tournament

Women’s Scratch Game – Two Bowler Team

Karyn Coffey - 300 & Chrissy Borrowdale - 249

549 Game

Women’s Championships Tournament

Men’s Scratch Series – Two Bowler Team

Carl Miller - 817 & Manny Garcia - 740

1557 Series

Open Championship Tournament

Men’s 300 Game – Oldest Male Bowler

Don Zoch - 300 age 81 years 11 months 16 days

Mile High League

Lest We Forget – Our Members Lost This Past Season

Final Frame 08/01/08 – 07/31/09

Robert M. LaCourse Jr.	10/05/08
Ann E. Evans	10/07/08
James J. Reddy	10/16/08
Dorothy A. Lucero	11/28/08
Domie Martinez	12/11/08
Scott Fincher	12/29/08
Margaret Stout	12/12/08
Peter M. Baratta	01/29/09
Nadine M. Lipcaman	02/03/09
Grady M. Tunnell	02/15/09
Honey Phillips	03/06/09
Theresa Ciarlotta	03/13/09
Bonnie L. Magnuson	03/25/09
Lily Yoshimoto	04/11/09
Maynard E. Howes	04/17/09
Uvaldo L. Armijo	04/22/09
Jack L. Berry	05/02/09
Caroline Estabrook	05/04/09
Rebekah A. Strunk	05/08/09
Irene H. Miller	05/22/09
Gloria J. Brooks	05/23/09
Herman G. Lee	06/16/09
Dorothy J. Harris	06/23/09
Jackie Jackson	07/14/09
Bobbie L. Jewell	07/18/09

REPORT: 2009 annual meeting actions

By Art Abrahamson
CNMUSBC Association Manager

The annual meeting of the Central New Mexico USBC Bowling Association was held July 19, 2009, at the Sheraton Albuquerque Uptown.

Amendments to the association bylaws that passed were: 1) a change in the method of electing directors from a majority vote to a plurality vote; 2) the elimination of the number of terms association officers can serve; 3) a change in the quorum requirement for the annual meeting from 15 to 31; and 4) a change in the quorum requirement for youth related elections and activities at the annual meeting from 15 to 13.

The following youth committee members were elected: Floyd Belden, center representative, 3-year term; Trevor Crombie, youth representative, 2-year term; at-large representatives Bari Harvey, 3-year term, Kristen South and Steven Swayne, 2-year terms, and Jim Davenport and Joel Yancey, 1-year terms.

Also elected at the meeting, for 3-year terms, were directors Floyd Belden, Lucy Delmore, Charlotte Lober, and Peggy Walden.

National delegates elected were Linda Harper, Hank Weiland, Art Abrahamson, Don Thompson, Michelle Sena, and Delfina Eddington. State delegates elected were Laura Grover, Michelle Sena, Jim Davenport, Mark Van Meter, Ann McGehee, and Peggy Walden.

The annual meeting is open to all members, and everyone is encouraged to attend and have their say in the official business and election of the people who represent them. Next year's meeting is tentatively scheduled for July 18, 2010, at a site to be determined.

Association announces important changes to prestigious Bowler of the Year program

By Art Abrahamson
CNMUSBC Association Manager

The board of directors has approved changes to the bowler of the year program to make it more competitive, especially for the women.

Last year was the first year that women were included in the program and it was apparent, after the fact, that women bowlers did not have enough opportunities to earn points.

The awards committee completely revamped the point system for both men and women, giving more weight to the more difficult achievements and expanding the number of achievements and tournaments that qualify for point accumulation. The eligibility requirement of bowling in two centers for men and senior men was also reinstated.

The full procedure is being furnished to all bowling centers and will also be posted

on the association web site, www.cnm-usbc.org, as soon as practicable.

If you would like a complete copy of the program, contact the Association office.

In The Pocket is published periodically throughout the bowling season by the Central New Mexico USBC Bowling Association.

Editor – Deb Hiester
MandDHiester@gmail.com

Submissions of league, tournament, and other bowling news are welcome and encouraged.

For information about contributing to the newsletter or for advertising rates, contact Art Abrahamson, association manager, at the CNM USBC Association office, 125 Jackson NE, Albuquerque. The telephone number is (505) 265-9158.

CNM USBC Officers and Directors

PRESIDENT

Hank Weiland

1st VICE PRESIDENT

Linda Harper

2nd VICE PRESIDENT

Don Thompson

DIRECTORS

Floyd Belden

Nancy Colbert

Barb Cunningham

Lucy Delmore

Charles Douglas

Delfina Eddington

John Finzel

Laura Grover

Debra Hiester

Victor Hohnberger

Greg "Jeff" Jefferson

James Leckey

Charlie Lober

R. Ann McGehee

Michelle Sena

Milt Stomp

Margaret Tibbetts

Mark Van Meter

Peggy Walden

Judy Woolman

YOUTH DIRECTORS

Trevor Crombie

Jim Davenport

Bari Harvey

Seth Jaramillo

Adrienne Smith

Sharon Thompson

Develop an effective pre-shot routine

By Charles Douglas
CNMUSBC Director
USBC Bronze Certified Coach

Bowlers have a tendency to over think. We must realize that we have no control over the outcome of a shot and we can do even less about the shot we have already made. So what does that leave? It leaves the present! It is important to stay in the present moment. The mind needs to shut down to allow the body to make a good shot.

If your primary focus is on the outcome of the shot, you will feel very little, if any, awareness of how the shot was actually delivered. As a bowler striving to compete in leagues and tournaments and to reach a higher level, attention must be placed on how the ball is delivered. The use of a pre-shot routine will help you distract your mind and let your body execute the delivery the way that it has been trained.

The pre-shot routine is a checklist used to get refocused and to concentrate on the task at hand, and that is to make the best delivery possible. That is the only thing you can do to influence the outcome. This checklist should consist of a specific series of actions you will go through to prepare for delivering your shot. This checklist is a list made just for you. These actions are accomplished prior to your stepping on the approach.

The pre-shot routine should contain a few items. Examples: visualize your ball's path down the lane; imagine yourself delivering the ball in a fluid motion; take a deep breath and relax; pick up and wipe ball; think positive thoughts; etc. Pick three or four items that will help relax and distract your mind so your body can make the shot.

Don't make any decision after the pre-shot routine. Just step on the approach, align your stance, and make your shot. No thinking on the approach. The pre-shot routine will help you maintain a "business as usual" approach, focus on a set of action, minimize conscious thoughts, and calm and relax your body. If you need help with your game, see a USBC certified coach. Good luck!

"Smooth, Continuous, Fluid, Athletic Motion"

2009-2010 CNM USBC Tournaments

60th Women's Association Championships Tournament

Jan. 24, 30, 31 & Feb. 6, 2010
Lucky 66 Bowl – Albuquerque

71st Association Open Championships Tournament

Feb. 20, 21, 27, 28, March 6 & 7, 2010
Silva Lanes – Albuquerque

Association Youth Championships Tournament

March 13, 14, 24 & 25, 2010
Isleta Fun Connection – Isleta Casino – Isleta

Association Youth Bowler of the Year Tournament

March 27, 2010
Tenpins & More – Rio Rancho

Association Senior Tournament

April 10, 11, 17 & 18, 2010
Leisure Bowl – Albuquerque

37th Annual Women's Invitational Tournament

5th Annual Men's Invitational Tournament

June 5, 6, 12 & 13, 2010
Starlight Lanes – Santa Ana Star Casino – Santa Ana Pueblo

Did you know ...

There's a Bowler of the Year award?

Anyone can win! For information, contact the Association office or ask your league secretary for details.

Your association has a website?

Find out about tournaments, download entry forms, or follow standings at www.cnm-usbc.org. You can also find meeting information, past newsletters, and much more!

You have a voice?

Every sanctioned bowler has a vote during the annual open meeting. Choose your officers and directors, comment on tournaments and leagues. It's your chance to be heard! Check the newsletters and website for details on the next annual meeting.

Youth bowlers earn scholarships?

SMART accounts are set up for youth bowlers who place in USBC-sponsored tournaments! Find out more about scholarships and the SMART program from your youth league coaches and directors.

Any USBC bowler may volunteer?

You don't need to be on the association board to get involved with tournaments and committees. The Association board welcomes anyone who wants to get involved!

Your association holds an annual banquet?

This banquet recognizes all sorts of bowling achievements during the league and tournament year, and all bowlers are invited to attend. For more information, check out the newsletters and the website, or contact the Association office.

Your association supports BVL and the Susan G. Komen Foundation?

The Bowlers to Veterans Link provides bowling opportunities and support for veterans and active duty military. The USBC funds breast cancer research via the Komen Foundation through Bowl for the Cure. Ask your league secretary or at the Association office for information on how to donate or run an event in support of these worthwhile charities.

CNM USBC paid out more than \$43,000 in tournament prizes in the 2008-2009 season?

Did you get your share? You can only win when you enter. Entries will be out soon for the 60th Annual Women's Championships and the 71st Annual Open Championships.